



KALE & BRUSSELS

SPROUT SALAD WITH GRUYERE

SHOPPING LIST

PRODUCE

- 1 bunch kale
- 2 cups shredded Brussels sprouts,
about 1/2 pound
- 1 shallot

DAIRY

- 1 cup shredded gruyere cheese

SPICES & SUCH

- 3 tablespoons olive oil
- grapefruit balsamic vinegar
- Dijon Mustard
- 1 cup pistachios or slivered almonds
- salt
- pepper